

BARIATRIC TIER 4 / SURGICAL PATHWAY – PRE-OPERATIVE

Bariatric Workshop (EDBAAH) **3 hours** – this is an education session explaining the surgical options and complication and pre-and post-operative diets. You will be required to have a blood test after this appointment. You can pre-book a blood test for after 12.00 on the same day as this appointment by visiting the following website www.swiftqueue.co.uk

Psychologist will review questionnaire and make appointment as necessary.

All patients need to have an endoscopy (look inside your stomach) unless you have had one in the last 12 months.

Diabetic patients will need to see Metabolic Physician to discuss medication needs.

One-Stop Clinic (BAOSAH) – A meeting with a Surgeon, Anaesthetist, Dietitian and Specialist Nurse – This will be a **4 hour appointment**. Please bring with you a record of any medication you take regularly, any reports from other hospitals such as sleep studies, CPAP compliance, Echo/ ECG and information about other specialists you may have seen. This will help the Surgeons and Anaesthetists to assess you. If you do not bring these it may delay your surgery while we try to get them from other hospitals/ your GP.

Multi-disciplinary team meeting (MDT) – A discussion with all members of the team, to discuss if you will be offered surgery, what type of surgery you will be offered and at which hospital the surgery will be carried out. You can stay after One-stop to hear the conclusion of this meeting or it can be communicated via a letter to you after the meeting. If you choose to stay it will extend the time you need to spend with us by approximately two hours.

Go onto waiting list

Pre-assessment clinic

Liver shrinkage diet (LSD)

Surgery – one to two night hospital stay

Discharge home

Further tests or appointments recommended, such as: sleep studies, ultrasound scan or further blood tests.

AND/ OR
Further appointments with a member of the team to discuss concerns that were raised at the One-stop clinic, or if added support is needed pre-operatively.

Declined for surgery and discharged.

Useful Contact numbers:

Bariatric Centre 01784 884620/4621 – for appointment and pathway enquiries. For messages to Psychology team and Physiotherapist.

Dietitians 01932 722697 – for dietary advice including liver shrinkage diet and post-operative diet. Please note, this is an answerphone so leave a message and the dietitians will ring you back.

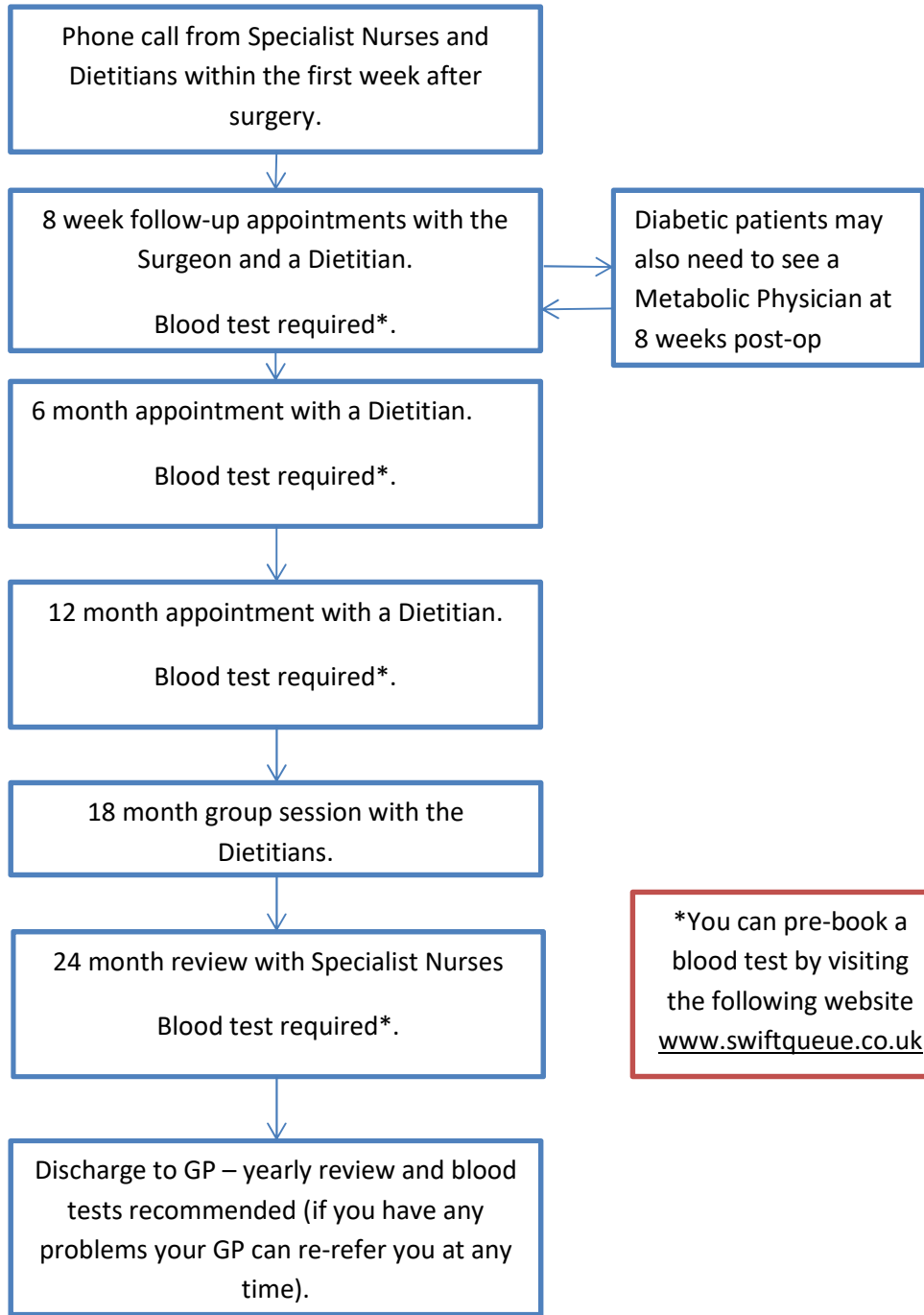
Specialist Nurses 01932 722077 - for medical advice, post-operative advice and enquires regarding investigations (blood test results will be communicated via letter).

Central Bookings Office 01932 722639/6512- for waiting list queries.

BARIATRIC TIER 4 / SURGICAL PATHWAY -POST-OPERATIVE

This is how the 'normal' post-operative pathway will run. If at any time you need to see a Surgeon, Metabolic Physician, Specialist Nurse, or have any tests that will be arranged.

There may also be opportunities to participate in workshops/ groups with the Psychology team or the Physiotherapist.



*You can pre-book a blood test by visiting the following website www.swiftqueue.co.uk

Useful Contact numbers:

Bariatric Centre 01784 884620/4621 – for appointment and pathway enquiries. For messages to Psychology team and Physiotherapist.

Dietitians 01932 722697 – for dietary advice including liver shrinkage diet and post-operative diet. Please note, this is an answerphone so leave a message and the dietitians will ring you back.

Specialist Nurses 01932 722077 - for medical advice, post-operative advice and enquires regarding investigations(blood test results will be communicated via letter).

Central Bookings Office 01932 722639/6512- for waiting list queries.