



ASH & OAK MENU

LUNCH
MENU
WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Beef Casserole Chicken in Creamy Pepper Sauce Macaroni Cheese Mashed Potato Roast Potatoes Baby Carrots Broccoli	Chicken & Tomato Pasta Pork Teriyaki Vegetable Casserole with Dumplings Boiled Rice Mashed Potato Green Beans Sweetcorn	Savoury Mince & Dumplings Tuna & Pasta Cheese Bake Bean & Vegetable Hot Pot Mashed Potato Jacket Wedges Carrots Garden Peas	Pork in Smoked Paprika Sauce Fish in Cheese Sauce Cheese & Onion Quiche Mashed Potato Chips Baked Beans Mixed Vegetables	Battered Fish Steak & Kidney Pie Omelette Plain Mashed Potato Chips Baked Beans Mushy Peas	Potato Topped Chicken & Leek Pie Stewed Steak and Dumplings Mushroom & Leek Pasta Bake Parmentier Potatoes Steamed Potatoes Carrots Vegetable Medley	Roast Beef in Gravy Chicken Pieces in Gravy Cauliflower & Broccoli Pasta Mashed Potato Roast Potatoes Garden Peas Yorkshire Pudding
Yoghurt Rice Pudding Custard Fruit in Juice Ice Cream Banana Flavour Dessert	Yoghurt Rhubarb & Apple Crumble Custard Fruit in Juice Ice Cream Chocolate Cake	Yoghurt Sticky Toffee Pudding with Butterscotch Sauce Custard Fruit in Juice Ice Cream Raspberry Jelly	Yoghurt Bread & Butter Pudding Custard Fruit in Juice Ice Cream Strawberry Flavour Dessert	Yoghurt Fruits of the Forest Sponge Custard Fruit in Juice Ice Cream Chocolate Cake	Yoghurt Apple & Blackberry Pie Custard Fruit in Juice Ice Cream Vanilla Cheesecake	Yoghurt Rice Pudding Custard Fruit in Juice Ice Cream Trifle



ASH & OAK MENU

SUPPER
MENU
WEEK 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Fish in Parsely Sauce Broccoli & Herb Quiche Mashed Potato Parmentier Potatoes Baked Beans Garden Peas	Chicken Casserole Cauliflower Cheese Boiled Rice Mashed Potato Baked Beans Carrots	Pork & Leek Sausages Creamy Lentil, Tomato & Cauliflower Daal Boiled Rice Mashed Potato Baked Beans Green Beans	Chicken Goujons Broccoli & Cheese Sauce Mashed Potato Jacket Wedges Baked Beans Sweetcorn	Fish Pie with a Potato Top Soya Pasta Bolognaise Mashed Potato Parmentier Potatoes Baked Beans Vegetable Medley	Sausages Vegetable Hot Pot Mashed Potato Steamed Skin on Potatoes Baked Beans Garden Peas	Shepherd's Pie Cheese & Tomato Flan Mashed Potato Parmentier Potatoes Baked Beans Baby Carrots
Yoghurt Jam Sponge Custard Raspberry Jelly Fruit in Juice Ice Cream	Yoghurt Ginger Chocolate Chip Sponge Custard Cherry Cheesecake Fruit in Juice Ice Cream	Yoghurt Apple & Blackberry Crumble Custard Butterscotch Flavour Dessert Fruit in Juice Ice Cream	Yoghurt Lemon Curd Sponge Custard Chocolate Cake Fruit in Juice Ice Cream	Yoghurt Apple Crumble Custard Vanilla Cheesecake Fruit in Juice Ice Cream	Yoghurt Chocolate & Pear Crumble Custard Carrot Cake Fruit in Juice Ice Cream	Yoghurt Apple Sponge Custard Butterscotch Flavour Dessert Fruit in Juice Ice Cream